



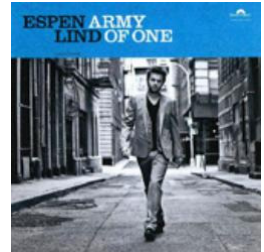
Scared Of Heights

Choreographed by **Cato Larsen**.
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Description: 32 count, 4 Wall LineDance.
Level: Intermediate/Intermediate +.
Music: Scared Of Heights – Espen Lind (Norway).
CD: Espen Lind – Army Of One (2008).
Intro: Start at vocals after 16 counts (12 seconds).
Motion: Novelty (Social only).
Tempo: 78 BPM.
Videolink: <http://www.youtube.com/watch?v=0dDWouU8zcU>
Musiclink: <http://www.western-entertainment.no/music.shtml>

1 – 8	Step, Spiral turn, Mambo Step, Sweep, Weave, Recover into Monterey Turn.	
1,2	Step forward on left (1), Pivot (spin) full turn right on ball of left (2).	12:00
3&	Step forward on right (3), Rock (recover) back again onto left (&).	
4	Step back on right and Sweep left foot out and around behind right (4).	
5&6	Step left behind right (5), Step right to right side (&), Step left across of left (6).	
7&	Rock (recover) back again onto right (7), Step left to left side (&).	
8	Point right toe to right side (8).	

9 – 16	Complete ¾ Monterey turn, Step, Side Rock & Cross, ¼ Pivot turn twice, Cross, Side, Cross Rock, Side.	
1,2	Pivot (spin) ¾ turn right Hooking right up to left shin (1), Step forward on right (2).	9:00
3&	Step left to left side (3), Rock (recover) back again onto right (&).	
4	Step left across of right (4).	6:00
&	Pivot ¼ turn left Stepping back on right (&).	
5	Pivot ¼ turn left Stepping left to left side (5).	3:00
&6	Step right across of left (&), Step left to left side (6).	
7&	Cross right behind left (7), Rock (recover) forward again onto left (&).	
8	Step right to right side (8).	

17 – 24	Modified Suzy Q's, ¼ Pivot turn twice, Cross Rock, ¼ turn.	
1	Step left heel across of right (1).	
&	Swivel left toe to left "grinding" left heel and Step right slightly to right side (&).	
2	Step left next to right in 3 rd position (2).	
&	Step right heel across of left (&).	
3	Swivel right toe to right "grinding" right heel and Step left slightly to the left side (3).	
&4	Step right to right side (&), Step left across of right (4).	
Restart:	<i>Restart from here on 3rd wall. You will be facing 9:00. Just add this before you restart:</i> Step ball of right slightly right (&), Start the dance from the top Stepping forward on left on count 1.	
5	Pivot ¼ turn left Stepping back on right (5).	12:00
6	Pivot ¼ turn left Stepping left to left side (6).	9:00
7&	Step right across of left (7), Rock (recover) back again onto left (&).	
8	Pivot ¼ turn right Stepping forward on right (8).	12:00
Restart:	<i>Restart from here on 6th wall. You'll be facing 3:00</i>	

25 – 32	Side Rock, Cross, Back, Back, Cross, ¼ turn Step forward, Mambo Step, & Mambo ½ turn, 3/8 Pivot turn.	
1&	Step left to left side (1), Rock (recover) back again onto right (&).	
2	Step left diagonal forward right across of left (2).	1:30
&	Step right diagonal back right (&).	1:30
3	Turn upper body to left diagonal and Step left diagonal back left (3).	10:30
&	Step right across of left (&).	10:30
4	Pivot ¼ turn left Stepping forward on left (4).	7:30
5&	Step forward on right (5), Rock (recover) back again onto left (&).	
6	Step right next to left (6).	
&7	Step forward on left (&), Rock (recover) back again onto right (7).	
&	Pivot ½ turn left Stepping forward on left (&).	1:30
8	Pivot 3/8 turn left Stepping right slightly diagonal back right (8).	9:00