



# My Name Is Stain

Choreographed by **Cato Larsen**  
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<b>Description:</b>	32 counts, 4 Wall LineDance.
<b>Level:</b>	Intermediate +
<b>Music:</b>	My Name Is Stain – Shaka Ponk.
<b>CD:</b>	Shaka Ponk - The Geeks & The Jerkin Socks (2011).
<b>Intro:</b>	Start the dance at vocals after 16 counts of intro. (8 seconds).
<b>Motion:</b>	Funk.
<b>Tempo:</b>	110 BPM.
<b>Videolink:</b>	

<b>1 – 9</b>	<b>¼ Turn &amp; Point, Hold, Body Roll (Snake Roll), Step, Step, ½ turn, ½ Turn into Side Rock &amp; Cross.</b>	
1,2	Turn ¼ turn left and Point right toe to right side (1), Hold (2).	9:00
3,4	BodyRoll sideways (SnakeRoll) weighting the right foot as you turn ¼ turn left (3,4).	6:00
5	Step forward on left (5).	
6,7	Step forward on right (6), Pivot (swivel) ½ turn left (7).	12:00
8	Pivot ½ turn left Stepping right foot to right <b>side</b> (8).	6:00
&1	Rock (recover) weight onto left (&), Cross right over left (1).	
<b>10 – 16</b>	<b>¼ Pivot turn 3x, Cross Rock, Side, Ball-Cross, Hitch.</b>	
2	Turn (pivot) ¼ turn right and Step back on left (2).	9:00
3	Turn (pivot) ¼ turn right and Step right to right side (3).	12:00
4	Turn (pivot) ¼ turn right and Step left to the left side (4).	3:00
5&6	Cross right over left (5), Rock (recover) weight back onto left (&), Step right slightly to right side (6).	1:30
&7	Step slightly back on left ball (&), Cross right over left (7).	1:30
8	Hitch left knee up and Pivot 3/8 turn right (8).	6:00
<b>17 – 24</b>	<b>Ball-Step, Together, Ball-Step out, Sailor ¼ turn, Step, ¼ turn.</b>	
&1,2	Step ball of left slightly back (&), Step forward on right (1), Step left next to right (2).	
&3,4	Step ball of right slightly back (&), Step forward on left (3), Step right slightly out to right side (4).	
5&	Cross left behind right (5), Step right slightly right side (&).	
6	Pivot ¼ turn left Stepping forward on left (6).	3:00
7,8	Step forward on right (7), Turn (swivel) ¼ turn left (8).	12:00
<b>Restart:</b>	<i>Restart from here on wall number 4. You will be facing 3 O'clock.</i>	
<b>25 – 32</b>	<b>Cross, Side Rock, Cross, ¼ turn, Hitch, Step, Lock, Unwind ½ turn, ½ Turn Step.</b>	
1	Cross right over left (1).	
&2	Step left to the left side (&), Rock (recover) weight onto right (2).	
3	Cross left over right (3).	
&4	Turn (pivot) ¼ turn left Stepping back on right (&), Hitch left knee up (4).	9:00
5&6	Step forward on left (5), Lock right behind left (&), Unwind ½ turn right (6).	3:00
7,8	Hold (7), Turn (swivel) ½ turn <b>left</b> Stepping forward on left (8).	9:00