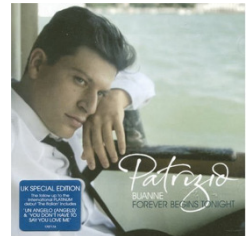




Bella Bella

Choreographed by **Cato Larsen**
(23. November 2006)

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Description: 64 count, Phrased 2 Wall Line Dance.
Level: Easy Intermediate.
Music: Bella Bella Signorina – Patrizio Buanne.
CD: Patrizio Buanne – Forever Begins Tonight (2006).
Intro: Start the dance at vocals after 64 counts (22 seconds).
Motion: Novelty (Social only).
Tempo: 176 BPM.
Videolink: http://www.youtube.com/watch?v=zeW55tQT0_o

Part A:

1 – 8	Mambo Cross left, Mambo Cross right. 1,2 Step left to left side (1), Rock (recover) back again onto right (2). 3,4 Step left across of right (3), Hold (4). 5,6 Step right to right side (5), Rock (recover) back again onto left (6). 7,8 Step right across of left (7), Hold (8).	12:00
9 – 16	1/4 Pivot turn, 1/2 Pivot turn, Step, Hold, Mambo Step. 1 Pivot ¼ turn right Stepping back on left (1). 2,3,4 Pivot ½ turn right Stepping forward on right (2), Step forward on left (3), Hold (4). 5,6 Step forward on right (5), Rock (recover) back again onto left (6). 7,8 Step slightly back on right (7), Hold (8).	3:00 9:00
17 – 24	1/4 turn Left side Mambo, Right side Mambo. 1,2 Pivot ¼ turn left Stepping left to left side (1), Rock (recover) back again onto right (2). 3,4 Step left next to right (3), Hold (4). 5,6 Step right to right side (5), Rock (recover) back again onto left (6). 7,8 Step right next to left (7), Hold (8).	6:00
25 – 32	Side Steps with Hip Sways. 1,2 Step left to left side Swaying hips left (1), Hold (2). 3,4 Step right slightly right Swaying hips right (3), Hold (4). 5,6 Step left to left side Swaying hips left (5), Hold (6). 7,8 Step right slightly right Swaying hips right (7), Hold (8).	

Part B:

1 – 8	Side, Together, Side, Together, Side, Hold, Rock Step back. 1,2 Step left to left side (1), Step right next to left (2). 3,4 Step left to left side (3), Step right next to left (4). 5,6 Step left to left side (5), Hold (6). 7,8 Step back on right (7), Rock (recover) forward again onto left (8).	
9 – 16	Side, Together, Side, Together, Side, Hold, Rock Step back. 1,2 Step right to right side (1), Step left next to right (2). 3,4 Step right to right side (3), Step left next to right (4). 5,6 Step right to right side (5), Hold (6). 7,8 Step back on left (7), Rock (recover) forward again onto right (8).	

17 – 24	Step, Spiral Turn full turn, Rock forward & back.	
1,2,3	Step forward on left (1), Spinn full turn right on ball of left foot (2,3).	
4	Step forward on right (4).	
5,6	Step forward on left (5), Rock (recover weight) back again onto right (6).	
7,8	Step back on left (7), Rock (recover weight) forward again onto right (8).	
Styling:	<i>On count 1-2 he sings "My Head Was In A Spinn" Try to spin your head by Rolling it clockwise while you do the Spiralturn.</i>	

25 – 32	Rock Step (Held her body tight), Walk back.	
1,2	Step forward on left with attitude and Wrap your arms around yourself (1), Hold (2).	
3,4	Rock (recover weight) back again onto right (3), Hold (4).	
5,6,7,8	Step back on left (5), Hold (6), Step back on right (7), Hold (8).	
Styling:	<i>UnWrap your arms again as if the person you were holding are backing away from you.</i>	

Note: Sequence: A A B, A A B B, A A B, A A B B, B to the end of the song.
A is danced to the verse, and B is danced to the refrain.